PAN AM RAILWAYS

CONDUCTOR CERTIFICATION PROGRAM

49 CFR PART 242

Effective for all properties owned or operated by:

Springfield Terminal Railway
Boston and Maine Corporation
Maine Central Railroad
Pan Am Southern, LLC

Revised: August 11, 2021 Effective: October 3, 2021



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SECTION 1: General Information and Elections (49 CFR 242.103 & 107)

Pan Am Railways 1700 Iron Horse Park North Billerica, MA 01862

(Refer to Appendix "A" list of railroads)

The following two (2) individuals will be the railroads point of contact and <u>only</u> individuals allowed access to the Federal Railroad Administration (FRA) secure document submission site:

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Contact Mailing Address:	1700 Iron Horse Park
	North Billerica, MA 01862
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Pan Am Railways elects to:	

- [X] Educate previously untrained persons to be certified Conductors.
- [X] Recertify Conductors previously certified by other railroads.

Pan Am Railways will issue certificates for the following types of service:

- [X] Conductor
- [] Passenger Conductor*

^{*}Passenger Conductor means a Conductor who has also received emergency preparedness training under 49 CFR Part 239. Railroads choosing to certify Passenger Conductors must fulfill all requirements of 49 CFR Part 239.

SECTION 2: Training Persons Previously Certified (49 CFR 242.119)

Continuing Education

Pan Am Railways shall provide for the continuing education of certified Conductors to ensure that each Conductor maintains the necessary knowledge concerning railroad safety and operating rules and compliance with all applicable Federal regulations.

Recertification for all certified Conductors will occur at intervals of not greater than 36 months and incorporate formal training and testing. Pan Am Railways will keep appropriate records for each Conductor's formal training and testing.

Formal training sessions, including periodic refresher training for loss of knowledge and changed circumstances, will be required of all certified Conductors.

Aforementioned training sessions may include documented company safety meetings and periodic rules training. Training environments may include classroom training, computer based training, film or multi-media presentations, and use of on-job-training.

The minimum training duration requirement will be 16 hours over the 36 month period.

The 36 month certification period will include training on the following mandatory topics:

- Safety Rules
- Operating Rules
- Timetable Instructions
- Applicable Federal Regulations including Air Brakes
- Physical Characteristics
- Use of Applicable Job Aids
- Hazardous Materials

Subject matter shall emphasize new rules and regulations, introduction of new technology, significant changes in operations, and those rules that, when violated, have caused or are likely to cause the most accidents or incidents.

Training of Conductors with Expired Certificates

Conductors whose certifications have lapsed will be required to satisfy all the components required for certification specified in Sections 2 and 3 of this certification program. Certification will require a period of on-the-job training and territorial familiarization based on the evaluation of a qualified instructor. Prior experience and unique characteristics of the territory must be considered by the program administrator or designated supervisor prior to certification.

Training and testing described in this section may be provided by a contractor. Pan Am Railways will ensure that training provided by a contractor meets the minimum requirements of this section.



Maintaining Physical Characteristics

Persons shall be considered to have maintained physical characteristics familiarity with a territory by traversing the main track in any capacity at least once in the preceding 12 months. Familiarization training will be required when a Conductor has been absent from traversing a territory at least once within the preceding 12 months.

Pan Am Railways will not permit or require a person to serve as a Conductor unless it determines that the person is certified as a Conductor and possesses the necessary territorial qualifications for the applicable territory, including working in joint operations territory.

Each person who is called to serve as a Conductor will:

- Meet the territorial qualification requirements on the segment of track upon which he or she will serve as a Conductor; and
- Immediately notify the railroad if he or she does not meet the required territorial qualifications

The program administrator or designated supervisor will track territory qualification. Each program administrator or designated supervisor will determine the territorial review and training requirements depending on the employee's experience and complexity to provide the Conductor with the requisite knowledge to assure railroad safety.

A conductor must make a minimum of one qualifying trip and pass a written test on the operating instructions and physical characteristics of the main track territory. The test required under this section will be placed in the conductor's file and retained according to 242.203.

If a conductor reports to duty and lacks main track territorial qualification, an assistant must be provided in accordance with the following procedures:

- A Conductor who was previously qualified on <u>main track</u> physical characteristics, but whose territorial qualification has been expired for one year or less and who regularly traversed the territory prior to the expiration of the qualification, may be assisted by any person, including an assigned crew member, who meets the territorial qualification requirements for main track physical characteristics.
- A Conductor whose territorial qualification has been expired for one year or less but who
 has not regularly traversed the territory prior to the expiration of the qualification, or a
 conductor whose territorial qualification on main track has been expired for more than one
 year, may be assisted by any person, including an assigned crew member other than the
 locomotive engineer, so long as serving as the assistant would not conflict with that crew
 member's other safety sensitive duties, who meets the territorial qualification requirements
 for main track physical characteristics.
- A Conductor that has never been qualified on <u>main track</u> physical characteristics of the territory over which he or she is to serve as a Conductor will be assisted by a person who is certified as a Conductor, meets the territorial qualification requirements for main track physical characteristics, and is not an assigned crew member.
- A Conductor that lacks territorial qualification on <u>other than main track</u> physical characteristics, where practicable, will be assisted by a person who is a certified Conductor and meets the territorial qualification requirements for other than main track physical characteristics. Where not practicable, the Conductor shall be provided an appropriate upto-date job aid.

An assistant is not required if the movement is on a section of main track with an average grade of less than 1% over 3 continuous miles, and

- 1. The maximum distance operated will not exceed one mile, or
- 2. The maximum authorized speed for any operation on the track being traversed does not exceed 20 MPH, or
- 3. Movement is entirely on other than main track, or
- 4. Timetable method of operation requires all movements to proceed at Restricted Speed.

New Territory or New Startup Operations

In situations where there is no available means to afford Conductors the opportunity to obtain physical characteristics familiarization of a new territory or startup operation on <u>main track</u>, Pan Am Railways may elect to use a hi-rail or lite locomotive to satisfy the requirement for physical characteristics familiarization.

If a Conductor lacks territorial qualification on <u>other than main track</u> physical characteristics, Pan Am Railways will provide the Conductor an appropriate up-to-date job aid.

SECTION 3: Testing and Evaluating Persons Previously Certified (49 CFR 242.121)

This section details the manner in which knowledge & skills concerning operating rules, practices, familiarization with physical characteristics of the territory, relevant Federal safety rules, and vision and hearing acuity are tested and evaluated.

Training and testing described in this section may be provided by a contractor. Pan Am Railways will ensure that training provided by a contractor meets the minimum requirements of this section.

Knowledge Testing

Conductors will be required to participate in written examinations totaling at least 100 questions and to obtain a minimum passing score of 85%. Examination questions concerning signal identification/definitions must be passed with a score of 100%. These examinations will be given in written or electronic form and conducted without open reference books or other materials except to the degree that the person is being tested on his or her ability to use such reference books or materials.

These examinations will include questions covering the following subject matter:

- Safety Rules
- Operating Rules
- Timetable Instructions (if applicable)
- Applicable Federal Regulations including Air Brakes

- Physical Characteristics
- Use of Applicable Job Aids
- Hazardous Materials (where applicable)

Person(s) being tested will be provided the opportunity to consult with a supervisory employee possessing territorial qualifications to explain a question.

A Conductor failing to obtain a minimum passing score of 85% on a recertification final written examination will not be permitted to work as a Conductor pending a successful reexamination.

Vision and Hearing Acuity Testing

The Medical Examiner of the railroad or designated medical facility will be responsible for the administration of required vision and hearing acuity testing prior to the Conductor's recertification date. Notification of results that fall within the approved limits of §242.117 (Vision and Hearing Acuity) will be made by means of vision/hearing approval form.

Conductors whose hearing or vision acuity does not meet the standards required by §242.117 (Vision and Hearing Acuity) may request further medical evaluation to determine that person's ability to safely perform as a Conductor. Ophthalmologic referral, field testing (example contained in Appendix F), or other practical color testing may be utilized depending on the experience of the examinee. The railroad will provide its medical examiner with a copy of applicable regulation, including all appendices and all pertinent information regarding the testing. After consultation with a railroad officer, the medical examiner may conclude that, despite not meeting the required threshold(s), the person has the ability to safely perform the duties as a Conductor and may be certified as a Conductor; such certification will be conditioned on any special restrictions the medical examiner determines in writing to be necessary.

Records

Records of each Conductor's knowledge and vision/hearing acuity test results will be maintained and available upon request.



SECTION 4: Training, Testing and Evaluating Persons Not Previously Certified (49 CFR 242.119)

Pan Am Railways will provide a program of classroom and on-the-job training for persons seeking certification as a Conductor who have had previous rail industry experience (Train Service, MOW, Mechanical, etc.) and will provide additional training for candidates with no previous rail experience. The program administrator or designee will evaluate each candidate as to previous training and experience and adjust the training requirements accordingly. Records of each candidate's training will be maintained and available upon request.

With Previous Rail Industry Experience

- 1. Pan Am Railways will conduct hearing and vision acuity testing on candidates with previous rail industry experience in accordance with the procedures outlined in Section 3. Results of hearing and vision acuity testing that has been conducted within 366 days of Pan Am Railways' certification decision may be used to comply with this requirement.
 - Note: persons with previous rail industry experience are allowed by regulation to use hearing acuity results from testing within 450 days of Pan Am Railways' certification decision.
- 2. Prior safety conduct and other pertinent data from employee's personnel file will be reviewed to determine safe working habits. The employee's driving record will also be reviewed for signs of substance abuse.
- 3. Employees who have extensive experience in train service will be required to satisfy all the components required for certification specified in Sections 2 through 4 of this certification program. Certification will require a period of on-the-job training and territorial familiarization based on the evaluation of a qualified instructor. Prior experience and unique characteristics of the territory must be considered by the instructor prior to certification.

Without Previous Rail Industry Experience

- Selected candidates will be tested to determine their hearing and vison acuity according to the procedures outlined in Section 3 and will participate in the following Conductor Training Program:
 - A. Classroom Training
 - i. Classroom training will be conducted by Railroad-selected Instructors.
 - ii. Candidates must participate in final written examinations of not less than 100 questions and are required to obtain a passing score of 85%. Examination questions concerning signal identification/definitions must be passed with a score of 100%.
 - iii. Classroom training will include the following subject matter (see Appendix B):
 - 1. Safety Rules (8 Hours)
 - 2. Operating Rules (8 Hours)
 - 3. Timetable Instructions (4 Hours)
 - 4. Applicable Federal Regulations including Air Brakes (16 Hours)
 - 5. Physical Characteristics, including use of Applicable Job Aids (4 Hours)
 - 6. Hazardous Materials (8 Hours)



Examinations may be conducted periodically during each segment of instruction. In addition to the successful completion of each segment, a final examination will be required.

- B. On-the-job Training (see Appendix C).
 - i. On-the-job training will be conducted by a Qualified Instructor (Mentor Conductor). The training will be of sufficient duration to enable the student to safely perform the duties required.
 - ii. The minimum training duration requirements are 100 hours.
- 2. Evaluation sheets (see Appendix C) will be utilized to track the student's training and proficiency level for each task performed in the field. A final evaluation by a railroad officer will be required.

Successful completion of all final examinations and field evaluations will allow for the issuance of a certificate and promotion of candidate to the position of Conductor. Candidates failing to obtain a passing score of 85% will not be permitted to work as a Conductor pending a successful re-examination.

Prior Safety Conduct as an Employee of a Different Railroad

Pan Am Railways will provide training for previously uncertified Conductors with extensive operating experience, previously certified Conductors who have had their certification expire, and previously certified Conductors hired from another railroad.

A railroad relying on another railroad's certification must determine that:

- 1) The prior certification is still valid.
- 2) The prior certification was for the same type of service as the certification being issued.
- 3) The person has received training on the physical characteristics of the new territory.
- 4) The person has demonstrated the necessary knowledge concerning the railroad's operating rules.

Training and testing described in this section may be provided by a contractor. Pan Am Railways will ensure that training provided by a contractor meets the minimum requirements of this section.



SECTION 5: Monitoring the Operational Performance of Certified Conductors (49 CFR 242.123)

Certified Conductors will be given a minimum of one (1) unannounced operating rules compliance test each calendar year that monitors one or more of the following:

- 1. Handling hand operated switches and fixed derails, including:
 - Main track switches
 - Crossover switches
 - Yard and Industry switches
- 2. Securing equipment
- 3. Leaving equipment in the clear
- 4. Shoving or pushing movement protection

Certified Conductors who are not given an unannounced compliance test in a calendar year at a minimum will receive an unannounced compliance test within 30 days of a return to Conductor service; and

The railroad will maintain a written record indicating:

- The date that the Conductor stopped performing service that requires certification
- The date that the Conductor returned to performing service that requires certification, and
- The date that the unannounced compliance test was performed

In the event that it finds deficiencies with a Conductor's performance during an unannounced compliance test, Pan Am Railways will take one or more of the following actions:

- Revocation of Federal certification when applicable
- Application of company discipline/remedial training as appropriate



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SECTION 6: Procedures for the Routine Administration of the Conductor Certification Program

The Conductor Certification Program will be administered by the program administrator or designee, who will be responsible for implementation, management of the training and testing programs, and for maintaining appropriate records for each certified Conductor. The program administrator or designee does not have to be a Certified Conductor.

Pan Am Railways will address the following subjects prior to making certification decisions on Conductors. All records and results are maintained by Pan Am Railways and kept on file:

- Evaluation of prior safety conduct (including motor vehicle operator records)
- Vision & hearing acuity testing
- Substance abuse compliance
- Knowledge testing
- Certification determinations made by other railroads
- Qualification requirements of other countries (if applicable)
- Time limitations for certification
- Criteria for certification denial
- Training requirements
- Territorial qualification requirements

Motor Vehicle Operator Records

Conductors who have not been issued a drivers license will be required to apply for driving records from the State in which they reside and must produce a document indicating that there is no record of a license being issued.

Use of Contractors

Contractors that provide Conductor training and certification programs to Pan Am Railways must provide evidence that the program has been submitted to the Secretary of Transportation for approval and that the program was accepted.

If Pan Am Railways elects to use contractors for any phase of the training, testing, recertification process, it will provide specific information on the contractor's qualifications; the activities that contractor will be responsible for; the Training/Testing programs to be used, contractor's adherence to the railroad's certification program and key contact personnel.

Issuance of Certificates

Pan Am Railways will issue certificates to all individuals meeting the requirements of this program.

- 1. Certificates will at a minimum:
 - Identify the railroad or parent company that is issuing it;
 - Indicate that the railroad has determined that the person to whom it is being issued has been determined to be eligible to perform as a Conductor or as a passenger Conductor;
 - Identify the person to whom it is being issued (including the person's name, employee identification number, the year of birth, and either a physical description or photograph of the person);
 - Identify any conditions or limitations, including the type of service or conditions to ameliorate vision or hearing acuity deficiencies, that restrict the person's operational authority;
 - Show the effective date of each certification held;
 - · Be signed by an individual designated in accordance with item 2 of this section; and
 - Be of sufficiently small size to permit being carried in an ordinary pocket wallet.
- 2. Pan Am Railways authorizes individuals holding the following positions to sign certificates:
 - Program Administrator
 - DSLE/Road Foreman of Engines
 - Superintendents
 - Trainmasters

See Appendix D for an example of the Conductor Certificate.

Replacement of Certificates

In the event a certificate is lost, stolen or mutilated prior to or during a tour of duty, the Conductor will be required to inform the train dispatcher or supervisor of the loss. The Conductor must obtain a temporary replacement certificate which identifies the individual to whom it is issued. Temporary replacement certificates may be issued electronically under the authority of a designated supervisor. It will not be valid for more than 30 days.

See Appendix E for an example of the Replacement Conductor Certificate.

Revocation of Certificate

Pan Am Railways will comply with the requirements of §242.407 (Process for Revoking Certification) concerning revoking a person's Conductor certificate when it acquires reliable information regarding the following violation(s) of §242.115(e) or §242.403(e):

 Failure to take appropriate action to prevent the locomotive engineer of the train the Conductor is assigned to from failing to control a locomotive or train in accordance with a signal indication, excluding a hand or a radio signal indication or a switch, that requires a complete stop before passing it, when the Conductor is located in the operating cab, or otherwise has knowledge of the signal indication.

2. Failure to take appropriate action to prevent the locomotive engineer of the train the Conductor is assigned to from failing to adhere to the following limitations concerning train speed:

When the Conductor is located in the operating cab and the speed at which the train was operated exceeds the maximum authorized limit by at least 10 miles per hour. Where restricted speed is in effect, railroads shall consider only those violations of the conditional clause of restricted speed rules (*i.e.*, the clause that requires stopping within one half of the locomotive engineer's range of vision), or the operational equivalent thereof, which cause reportable accidents or incidents, except for accidents and incidents that are classified as "covered data" under §225.5.

When not in the operating cab, the Conductor is deemed to have taken appropriate action when in compliance with all applicable Railroad Operating Rules and Special Instructions.

- 3. Failure to perform or have knowledge that a required brake test was performed pursuant to the Class I, Class IA, Class III, Class III, Transfer Train or Running Brake Test provisions of §232 (Brake System Safety Standards for Freight and Other Non-Passenger Trains Equipment; End-of-Train Devices) or §238 (Passenger Equipment Safety Standards).
- 4. Failure to take appropriate action to prevent the locomotive engineer of the train the Conductor is assigned to from occupying main track or a segment of main track without proper authority or permission.
- 5. Failure to comply with prohibitions against tampering with locomotive mounted safety devices; knowingly fail to take appropriate action to prevent the locomotive engineer of the train the Conductor is assigned to from failing to comply with prohibitions against tampering with locomotive mounted safety devices; or knowingly fail to take appropriate action to prevent the locomotive engineer of the train the Conductor is assigned to from operating or permitting to be operated a train with an unauthorized disabled safety device in the controlling locomotive.
- 6. Failure to comply with the requirements for shoving or pushing movements. Railroads shall only consider those violations which cause reportable accidents or incidents, except for accidents and incidents that are classified as "covered data".
- 7. Failure to comply with the requirements for leaving rolling and on-track maintenance-of-way equipment in the clear. Railroads shall only consider those violations which cause reportable accidents or incidents, except for accidents and incidents that are classified as "covered data".
- 8. Failure to comply with the requirements for hand-operated switches, including crossover switches. Railroads shall only consider those violations which cause reportable accidents or incidents, except for accidents and incidents that are classified as "covered data".
- 9. Failure to comply with the requirements for additional operational requirements for handoperated main track switches. Railroads shall only consider those violations which cause reportable accidents or incidents, except for accidents and incidents that are classified as "covered data".

- 10. Failure to comply with the requirements for additional operational requirements for handoperated crossover switches. Railroads shall only consider those violations which cause reportable accidents or incidents, except for accidents and incidents that are classified as "covered data".
- 11. Failure to comply with the requirements for hand-operated fixed derails. Railroads shall only consider those violations which cause reportable accidents or incidents, except for accidents and incidents that are classified as "covered data".
- 12. Failure to comply with the requirements of §219.101 (Alcohol and Drug Use Prohibited).

Selection of Qualified Instructors

Pan Am Railways will ensure that only Qualified Instructors, as defined below, are used during the on-the-job training of Conductors. The instructors must demonstrate to Pan Am Railways that they possess an adequate knowledge of the subjects under instruction and, where applicable, have the necessary operating experience to effectively instruct in the field.

<u>Qualified Instructor</u> means a person who has demonstrated, pursuant to Pan Am Railways' written program, an adequate knowledge of the subjects under instruction and, where applicable, has the necessary operating experience to effectively instruct in the field and has the following qualifications:

- 1. Is a certified Conductor;
- 2. Has been selected as such by a designated Transportation Department officer, in concurrence with the designated employee representative, where present; or
- 3. In absence of concurrence provided in paragraph two of this definition, has a minimum of twelve months service working as a train service employee.

Use of Simulators

Pan Am Railways may utilize simulators, computer based training or e-learning in the classroom portion of training. Electronic based education is included in time allocated to the classroom portion of training.



Appendix A: Individual Railroad List

This program will be effective for all conductors employed by any property owned or operated by Pan Am Railways, including:

Boston and Maine Corporation Maine Central Railroad Pan Am Southern, LLC Springfield Terminal Railway



Appendix B: Training Curriculum

Core Elements for Class Room Training

Operating Rules (NORAC)

- Timetables and/or Special Instructions
- ❖ Part 219 Drug and Alcohol
- Part 228 Hours of Service
- Part 220 Electronic Devices Training
- ❖ Part 218 Subpart F Human Factor Rules
- Part 218 Subpart F Job Safety Briefings

TSA Security Awareness Training

Safety Rule Book

- Personal Protective Equipment
- Safe Job Procedures
- Ergonomics
- Situational Awareness
- Part 227 Hearing Conservation

Air Brake and Train Handling Rules

- Freight Car Inspection & Identification
- ❖ Air Brake Tests
- Equipment Securement

Physical Characteristics

- Job Aids and their use
 - Track Profile (Main Track Other Than Main Track Written Test)
 - Permanent Close Clearances
 - Derails
 - Timetable and/or Special Instructions
 - Contact employee qualified on territory (Job Aid)

Hazardous Materials

Part 172.7 - Hazmat and Security Awareness

Administrative Duties (switch lists, HOS records and requirements, delay reports, etc.) Emergency Procedures (crossing collisions, injuries, derailments, etc.)

<u>Pan Am Railways Conductor Certification Program</u> Initial Field Training by Subject Matter Expert – Core Work Practice Training Elements

Job Briefing

Three step protection

Operating switches

Operating derails

Coupling and uncoupling air hoses

Separating equipment

Aligning couplers

Crossing tracks

Walking around equipment

Getting on and off equipment

Riding equipment

Crossing through equipment

Maintaining three points of contact

Operating handbrakes

Testing handbrakes

Recognizing close clearances

Directing shoving movements

Radio use

Hand signals

Airbrake tests

Kicking cars

Appendix C: On-the-Job Training Guidelines and Review Sheets

The following forms (or revisions thereof) will be used to document trainee progress and final evaluation:

Student Conductor Peer Review and Evaluation Form Core Competency Checklist On-the-Job Training Log Core Competency Final Evaluation



Evaluation and Peer Review Form

	P	an An	n Railways						
	Student Engineer/Co	onductor	Evaluation and Peer f	Review	Fc	rm			
Stud	ent Name:			950					
Audi	l/Line:	Date		-3-3					23
Train	Symbol Eng	gine(s):							_
	ductor								_
	s Empties Tor				her	_			
From	or at (Time and Location):								_
	r at (Time and Location):						_		5
Use	the following codes: NA - Not Ap						ts		
	Requiremen	ts, 4 – Exc	eeds Requirements, 5 - L	-xceptio			2		E
1.	Demonstrates job skills and kno	velodao		IVA	-	2	3	4	5
2.	Displays motivation and interest effectively		ning job safely and	-					
3.	Demonstrates ability to learn an	d use new	skills				\vdash		Н
4.	Uses available resources effecti					П	\dashv		-
5.	Responds effectively to assigne		bilities			Н			\dashv
6.	Is dependable and reliable		<u></u>						_
7.	Radio procedures			-		Н			\dashv
8.									\dashv
9.	Asks appropriate questions/uses	s time effe	ctively				_		\dashv
10.				-					\dashv
11.	Listens to and follows directions	, instructio	ns and suggestions			П			\dashv
12.								\dashv	\dashv
13.	Alertness								_
14.	Meets challenges head-on						1		\dashv
15.	Demonstrates independent think	king					\dashv	\neg	\dashv
16.	Demonstrates knowledge of air on locomotives and trains		required to be performe	d					
17,	Train Handling	•	<u> </u>						ヿ
Com	ments:								
Mentor	Engineer or Conductor Name					A	udit	Line	
Mentor	Engineer or Conductor Signature					• • • •		Date	
Evalus	Engineer or Condu	ictor – comj 6427; send (Engineer or Conductor as a plete this form and turn in a priginal with time slip to Billo	below	te				

American Short Line and
Regional Railroad Association
The Voice of America's Independent Railroads

Core Competency Checklist

Pan Am Railways						
Transpor	tation Department New-Hire C					
Date:	Location:	Assignment:				
Student:		Audit/Line:				
Mentor:		Audit/Line:				
Mentor Condu	ctors: Please ensure that the s	tudent you are mentoring properly				
understands ar	nd performs the tasks identified th the student. <i>Fax the complete</i>	I below. Review and correct any				
Field demonst	rations	Mentor Initials				
Job Briefing	***					
Three step prot	ection					
Operating switch	hes					
Operating derai	ils					
Coupling and u	ncoupling air hoses					
Separating equ	ipment					
Aligning couple	rs					
Crossing tracks	3					
Walking around	·					
Getting on and						
Riding equipme	ent					
Crossing through	gh equipment					
Maintaining thre	ee points of contact					
Operating hand	brakes					
Testing handbr	akes					
Recognizing clo	ose clearances	-				
Directing shovir	ng movements					
Radio use						
Hand signals						
Airbrake tests						
Kicking cars						
Other:						
Paperwork						
Form D or Trac	k Warrant					
AB-1						
Hazardous Mat	erials					
Switch Lists						
Hours of Service	e Record/Timesheet					
Other:						
Reviewed In	structor:					
	(Signature)					
E	mployee:					

Provide this form to your mentor conductor for completion, along with the Evaluation form. Core Competency - New Hire 17.1 doc



Transporta	ition Department N	ew Hire Tra	aining Pr	ogram Checklist		
Railroad: P	an Am Railways		Sheet #:			
Employee:		-				
Audit/Line:		Hire Date:				
OJT LOG (max	12 hrs/day)	P	revious	Total Hours:		
Assignment/Loca	ation	Date	Hours	Mentor Signature		
		Subtotal:		Total:		
		Culatatale	<u> </u>	Totals		
		Subtotal:		Total:		
			 			
			-			
<u> </u>			-			
		Subtotal:	 	Total:		
		Odbiolai.		i otai.		
			 			
						
500000	E					
		Subtotal:		Total:		

]			
			<u> </u>			
		Subtotal:		Total:		
		Subtotal:		Total:		

Add your hours each week and enter in the Subtotal box. Add that subtotal to the previous total amount to calculate current total OJT hours.

Make additional copies of this page as necessary. Fax weekly to 978-663-9335.

PAR Transportation Dept. New Hire Training OJT Log 21.1



Core Competency Final Evaluation

Pan Am Railways **Transportation Department New-Hire Core Competency Checklist** Final Evaluation Date: Location: Evaluator: Audit/Line: Student: Audit/Line: **Cumulative OJT Training Hours (attach log sheets):** Additional Field demonstrations Competent: N/A **Training Needed** Job briefing Three step protection Operating switches Operating derails Coupling and uncoupling air hoses Separating equipment Aligning couplers Crossing tracks Walking around equipment Getting on and off equipment Riding equipment Crossing through equipment Maintaining three points of contact Operating handbrakes Testing handbrakes Recognizing close clearances Directing shoving movements Radio use Hand signals Kicking cars Airbrake tests Inspecting equipment Other: **Paperwork** Form D or Track Warrant AB-1 Hazardous Materials Switch Lists HOS Record/Timesheet Other: Air brake self-study books 1, 2 and 3 completed:

Evaluator: ______



Appendix D: Conductor Certificate

Certificates will be issued to employees as shown below, or as subsequently revised. The example on the left will contain the employee's photograph; the example on the right will have a physical description.

PAN AM RAILWAYS CONDUCTOR CERTIFICATE This individual has been certified per 49 CFR Part 242	
NAME Audit-Line No Date of Birth: Date Issued Expires:	
AUTHORIZED SIGNATURE PAN AM SOUTHERN, LLC SPRINGFIELD TERMINAL RAILWAY MAINE CENTRAL RAILROAD BOSTON & MAINE CORPORATION	
CORRECTIVE LENSES REQUIRED:YES NO HEARING CORRECTION REQUIRED:YES NO	

			UCTOR CE	
NAME Audit-Line Date of Bit Data 'SSU Expit 3:	No: rth:		DESCRIPTION Height: Weight: Hair:	
A P SPRIN	HORIZED SK I AM SOUTH!	ATURE N. LLC	Sex	<u></u> .
MAI	NE CENTRAL N N & MAINE CO			
		SES REQUIRED: ION REQUIRED:	-YES -N	Ξ

Appendix E: Replacement Conductor Certificate

Pan Am Railways

New or Replacement (Temporary) Conductor Certificate

Instructions

- 1. In the event a conductor needs a temporary certificate, this form may be issued on a temporary basis.
- 2. This form may not be used to extend an expired certificate.
- 3. Consult with program administrator (or his designee) to confirm eligibility before issuing this certificate.
- 4. This certificate shall be valid for thirty (30) days from date of issue.
- 5. This certificate shall be signed by the following designated officers:
 - Program Administrator
 - DSLE/Road Foreman of Engines
 - Superintendents
 - Trainmasters

PAN AM RAILWAYS CONDUCTO This individual has been cert	
NAME: Audit-Line No: Date of Birth: Date Issued: Valid for thirty (30) days from date of issue	DESCRIPTION Height: Weight: Hair: Eyes: Sex:
AUTHORIZED SIGNATURE PAN AM SOUTHERN, LLC SPRINGFIELD TERMINAL RAILWAY MAINE CENTRAL RAILROAD BOSTON & MAINE CORPORATION CORRECTIVE LENSES REQUIRED: HEARING CORRECTION REQUIRED: YE	

Blank Cndr Certificate - new or replacement 21.1

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American Short Line and
Regional Railroad Association

Appendix F: Vision Field Test for Color Acuity

Pan Am Railways Vision Field Test – Color Acuity

Vision Field Test – Co	lor Acuity
Employee:	Audit-Line:
Telephone (home or mobile):	Date:
Occupation (check one): Conductor or Engineer	
Location:	_
Transportation Supervisor:	Audit-Line:
Telephone:	_
I stipulate that I am currently certified in the same occ that my hearing and vision meet the applicable stan were adhered to and that the results were accurately re Signature:	dard, that all testing procedures ecorded during the testing.
Signal Dept:	_ Audit-Line:
Telephone:	
Signature:	
Volunteer Witness (if any):	_ Audit-Line:
Telephone (home or mobile):	Date:
Occupation (check one): Conductor or Engineer Location:	
Vision Field Test - Color Acuity - Conductor or Engineer 17.1.doc	1 Employee Initials

American Short Line and Regional Railroad Association

Appendix F continued

Test Instructions (read to employee)

- 1. The purpose of this test is to determine whether or not an employee has the ability to determine colors in the field sufficiently well to be permitted to work as a conductor or engineer, in spite of not being able to meet the applicable standard contained or referenced in 49 CPF Parts 240 and 242.
- The employee will be required to determine flag colors, switch target colors, sign colors and actual signal indications. A member of the Signal Dept., working under the direction of the examiner, will be responsible for creating the specific desired signal indications for stationary tests.
 - Signal testing may be conducted from a moving train, from a stationary locomotive or from a standing position on the ground. Whenever possible, testing will be conducted in territory where the employee is qualified or is expected to become qualified.
- 3. Results will be documented on this form by the Transportation Supervisor administering the test. Each test element is scored as pass or fail.
- 4. If desired the volunteer witness (if any) and the examined employee may submit their observations in writing to the Human Resources Dept. who will provide such observations to the railroad's Medical Review Officer (MRO) for direct review.
- 5. Employees who wear contact lenses or prescription glasses should wear them during this test. Tinted glasses or contact lenses are prohibited except for contact lenses with a light blue tint to enable easier handling. Use of light-activated tinted eyeglasses is prohibited at all times. If contact lenses or eyeglasses are worn in order to pass the test, the employee will be required to wear them while on duty and this will be reflected on their certificate.

Contact Lenses/Eyeglasses worn (check one): ____ Yes or ____ No

- If eyeglasses or contact lenses are no longer necessary in the future, the employee
 must notify the railroad Human Resources Dept. immediately so that any necessary
 retesting can be performed and the requirement removed from the employee's
 certificate.
- 7. On completion of the test, review it with the employee. The employee must initial each page at the bottom right as indicated once the review is complete.
- 8. The employee may be provided with a copy of the completed test, and is required to sign the appropriate selection below:

I have been provided with a copy of the completed test:	
I do not want a copy of the completed test:	

Ensure that all required information is present; missing information will void the test.
Once the test has been completed, reviewed and initialed, it must be immediately
forwarded to the Human Resources Dept. so that it can be provided to the MRO for
review.

Vision	Field	Test -	Color	Acuity -	Conductor	or	Engineer	17.1	1.doc
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Employee Initials _



Appendix F continued

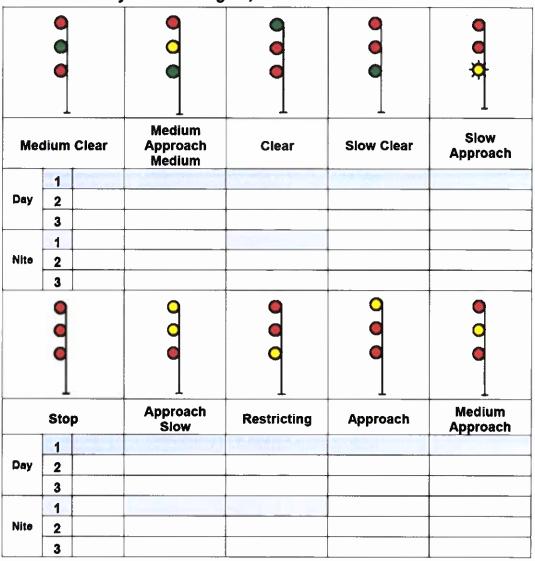
Switch Target Verificatio	on (Test location:	
Red:	Yellow:	
Green:	White:	
Flags		
Red:	(Test location:	
	(Test location:	
Fixed Signals:		
Employee must identify the	ne color of the fixed signals below:	
STOP	YARD	
Color	Color	
Color Light Signals Field Test location:	-	
Time of Daylight Testing:	hrs Weather:	
Approximate distance from	m signals: First Test Second Test	
Test method (check one): Moving Train o	: or Stationary Locomotive or Standing	on Ground
Test location:		
•	hrs Weather:	
• •	m signals: First Test Second Test	
Test method (check one): Moving Train o	: or Stationary Locomotive or Standing	on Ground

Appendix F continued

Employees must identify the following color of signal aspects displayed in the field. If a specific aspect cannot be displayed, indicate the result as "NA". Mark tested results as "P" (pass) or "F" (fail).

It is not necessary for signals to be displayed or repeated in any specific order, nor is it a positive requirement for a three light signal to be used; the illustrations are examples only.

If a test subject takes a long time to respond, say: "As soon as you see the lights, call them."



Results (check the appropri	ate response): based	on my observations during this	test
I feel that this individual:	CAN CANNOT	safely identify color aspects.	

Vision Field Test - Color Acuity - Conductor or Engineer 17.1.doc 4 Employee Initials

Appendix F continued

Medical Review Officer Approval

AllOne Health/Health Resources - Dr. Fred Kohanna 600 West Cummings Park, Suite 3400 Woburn, MA 01801

Phone: 781-938-4646 Fax: 781-938-4686

Evaluation approv	/ed by:	 	
Title:		 	
Signature:			
Date:			

Vision Field Test - Color Acuity - Conductor or Engineer 17.1.doc

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